



Peel Age-Friendly Communities

Built Environment Assessment Project

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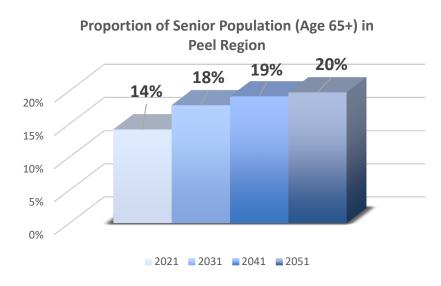
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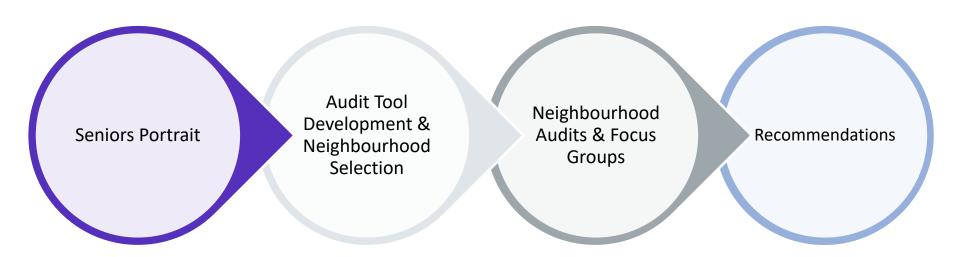
Significance of the Project

- Seniors are the fastest growing age group in Peel
- The Region of Peel aims to create age-friendly communities
- The completion of this project supports the implementation of ROPA 27 Age-Friendly Planning policies



Region of Peel, 2021

Project Overview



Seniors Portrait



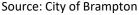
Demographic analysis reveals compounding vulnerabilities for the over-65 age group:

- Nearly half of seniors in Peel Region belong to a racialized group
- 15% of seniors have no knowledge of the English language
- 29% of seniors live in housing that is unaffordable to them
- 44% of seniors have sedentary lifestyles
- Over half of seniors report physical or cognitive impairments that limit their daily activities

Age-Friendly Built Environment Audit Tool

- Contains 29 criteria based on the World Health Organization's eight dimensions of Age-Friendly Communities
- Designed to be sensitive to Peel's context and specific to the built environment
- Criteria assessed through:
 - ✓ Desktop Review
 - ✓ Spatial Analysis
 - ✓ Site Visits
 - ✓ Public Consultation





Age-Friendly Built Environment Audit Tool

Example Criteria:

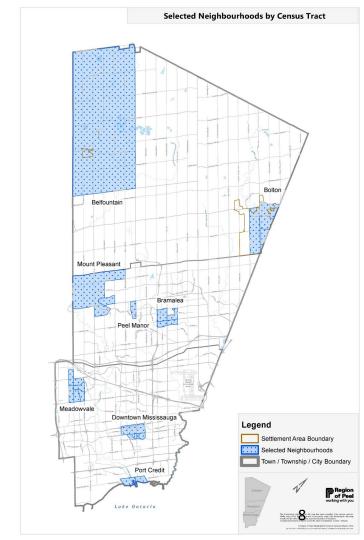
Example Assessment:

Criterion 1.2	Outdoor seating is available, particularly in parks, transit stops and public spaces, and spaced at regular intervals.		Criteria is fulfilled
Criterion 2.2	Essential health and social services are available in the community, are clustered or conveniently co-located (in Community Hubs) and can be reached by all means of transportation.	•	Criteria is partially fulfilled
Criterion 3.1	Alternative forms of transportation including walking, transit, cycling and carpooling are accessible, convenient, safe, equitable and seamless.	×	Criteria is not fulfilled

Sample Neighbourhoods

Eight neighbourhoods were audited:

- 1. Cataract-Belfountain
- 2. Bolton
- 3. Mount Pleasant
- 4. Peel Manor
- 5. Bramalea
- 6. Meadowvale
- 7. Downtown Mississauga
- 8. Port Credit





Focus Groups

We spoke to seniors and caregivers about their experiences but also heard from younger adults eager to share their ideas about healthy aging.

What we heard:

- Housing affordability is a key concern. Multi-generational homes, additional residential units, and affordable rental may help.
- Active seniors love living in Caledon. However, they anticipate needing to move when their health deteriorates.
- Crossing Regional Road intersections feels unsafe to seniors and people with disabilities.
- Seniors worry about getting around once they can no longer drive.



Age-friendly Neighbourhood Features



Trail connecting to the Meadowvale Community Centre.

Meadowvale's off-street trail system creates an active transportation network connecting key seniors' destinations





Commuter Dr., near Mount Pleasant GO Station.

Mount Pleasant features a multi-modal transit, diversity of housing types, and clustered community services and facilities.



Downtown Bolton, near Sterne St. & Queen St. S.

Downtown Bolton is very walkable with pedestrian infrastructure and small blocks.

Trends in Neighborhood Gaps & Opportunities

Common gaps in age-friendliness relate to:



Low-Density Residential Neighbourhoods

- Seniors want to age in place but critical age-friendly features are lacking; services & amenities are difficult to access without a car
- Significant built form change not anticipated in these areas



Winston Churchill Blvd. north of Derry Rd., Meadowvale.



New neighbourhood abutting future neighbourhood, Mount Pleasant.

Trends in Neighborhood Gaps & Opportunities

Common gaps in age-friendliness relate to:



Parks and Public Spaces

- Amenities for seniors are present in newly improved parks but are not commonplace across the Region
- Rest areas are inadequate, except along <u>newly-constructed</u> streets





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Cedarstone Park, Cataract Belfountain.

Trends in Neighborhood Gaps & Opportunities

Common gaps in age-friendliness relate to:



Transportation and Road Safety

- Transportation without use of private automobile a challenge for seniors
- Safety concerns for older pedestrians on Regional Roads





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Bolton, near Highway 50 & McEwan Dr.













Age-Friendly Built Environment Assessment Project

Draft Final Report

May 2022



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Some Key Recommendations

- **7.** Follow up on the implementation status of all previously adopted recommendations related to age-friendly communities.
- **8.** Optimize the policy framework in the Peel 2051 Regional Official Plan Review to support age-friendly communities. (*Complete*)
- **14.** Continue to apply the Healthy Development Assessment to new development applications.

Some Key Recommendations

- **39.** Enhance safety, accessibility, and legibility of Regional Road intersections for seniors and pedestrians with disabilities.
- **57.** Study opportunities to retrofit low-density residential neighbourhoods to improve age-friendliness.
- **75.** Create a mechanism for comments on development applications from seniors and other experts in age- friendly design.

Project Implementation

Implementation Approaches



New Regional Objective



Enhanced Implementation for Existing Objective



Collaboration with Area Municipalities



Capital Project / Funding

Example Peel Initiatives Underway

- New April 2022 Region of Peel Official Plan
 - Recommendations informed affordable housing, transportation,
 age-friendly planning, health and built environment policies
- Vision Zero, Sustainable Transportation Strategy Update
- Transit advocacy and staff input into local and Provincial transportation studies & transit station redevelopment
- Design & Spacing of Rest Areas
 Guideline (for Regional Roads)



Example Peel Initiatives Underway

- Healthy Development Framework and Assessments
- Active Parks Design Guide
- Healthy Building Design Guidelines (pilot) and Recreation Centre Audit (pilot)
- Peel Housing and Homelessness Plan, Affordable Housing Design Criteria, My Home Second Unit Renovation Program

A preliminary Recommendation Implementation Status summary is available online

Next Steps

Phase 1 (Complete): Age-friendly Built Environment Assessment

Phase 2 (To be undertaken):

- Report and recommendations will inform continued engagement on AFP
- Staff working group will explore the feasibility, prioritization, resource needs, and a plan for implementing the recommendations
- Monitor upcoming 2021 census data releases
- Public survey on seniors' experiences aging in Peel
- Engage with local municipal partners and other agencies
- Report back on feasibility and implementation of recommendations in 2023

Learn More Here:



<u>peelregion.ca/officialplan/review/focus-areas/age-friendly-planning.asp</u>