## Cleaning-Up Blood and Body Fluids

Protect your eyes, nose and mouth from blood or body fluids when cleaning up spills by turning your face away or wearing a face mask.



Put on disposable rubber gloves.



2 Soak-up the spill with paper towels.



Wash the area with detergent and water.



Disinfect the area with a strong (1:10) bleach solution.
Mix 125mL of bleach with 1L of water and allow 2 minutes contact time.



Safely discard all paper towels and gloves in the garbage.



Wash your hands with soap and water.

