Cleaning and disinfection in child care settings

Step 1 - Cleaning

Removes dirt and debris from surfaces/items. Use detergent and water.

Step 2 - Rinsing

Removes detergent and dirt residue from surfaces/items. Use clean, warm water.

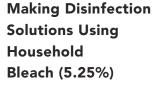
Step 3 - Drying

Removes water from surfaces/items. Surfaces/items are to be dried thoroughly. Either air dry or use a clean lint-free cloth or soft absorbent towel.

Step 4 – Disinfection

Kills germs. Use appropriate disinfectant. For household bleach, use recipe below.

For all other disinfectants, follow manufacturer's instructions. Disinfectants must have a Drug Identification Number (DIN).



Child care surfaces and items (500 ppm)

Use on surfaces/items such as tables and toys.

Mix 10 mL (2 tsp) of bleach with 1 L (4 cups) of water.

Contact time: 2 minutes.

Blood and bodily fluids (5000 ppm)

Use on surfaces/items contaminated with blood and/or bodily fluids. Mix 125 mL ($\frac{1}{2}$ cup) of bleach with 1 L (4 cups) of water. Contact time: 2 minutes.

Step 5 – Rinsing after disinfection

Rinse the disinfected surface/item where required by the manufacturer's instructions or when bleach is used.

Step 6 - Drying

Either air dry or use a clean lint-free cloth or soft absorbent towel.

Step 7 – Storage

Store items/toys in a clean and sanitary manner to prevent contamination.

For more information, contact the Region of Peel - Public Health at: 905-799-7700 or by email at: peelhealth@peelregion.ca

